

2017



**MONTANA STATE
TAEKWONDO CHAMPIONSHIPS**



**SATURDAY, MAY 20, 2017
PARK HIGH SCHOOL
102 VIEW VISTA DR, LIVINGSTON MT**

SPARRING & POOMSAE

TOURNAMENT PACKET



2017 MTA MONTANA STATE TAEKWONDO CHAMPIONSHIPS

ATHLETE INFORMATION

Last Name:		First Name:		
Gender:	Age & DOB:	Weight:	Belt Color:	Gup/Poom/Dan:
School/Club Name:				
Instructor Name:				

Athlete's Contact Info

Mailing Address:			
City:		State:	ZIP:
Telephone:	Email:		
Emergency Contact:			
Relationship to Athlete:		Telephone:	

REGISTRATION FEES

Your Registration Form **MUST** Be **RECEIVED** By **TUESDAY** **MAY 16, 2017** – NO LATE ENTRIES ACCEPTED!

- MTA Members **\$45**
- Non-MTA Members* **\$65**

* Non-member fee INCLUDES one-year membership in the Montana Taekwondo Association. Please fill out MTA membership form.

SELECT YOUR EVENTS

- Sparring
- Individual Poomsae

Please mail this form and your check or money order made out to the Montana Taekwondo Association to:

2017 MTA Montana State Taekwondo Championships
2790 Meriwether Street, Missoula, MT 59803

Waiver and Liability Release

In lieu of the acceptance of my registration and application to participate in this event, I represent the following: I understand that all sports contain inherent risks of injury, and that such risks may be minor, or may be severe, and may include infection, paralysis or death. I also understand that Taekwondo is a body-contact sport and accept the risks of injury or infection as a result of participation. I hereby waive, release and forever discharge, for myself, my heirs, executors, administrators and assigns, any and all claims I might have against Big Sky Martial Arts of Kalispell, MT, tournament organizers, director, officials, agents, representatives, successors, or competitors, as well as the Montana Taekwondo Association (MTA) and any MTA official, for any and all damages I may incur or sustain, for injury, medical expenses, and any other losses, while participating in this event, and for travel to and from this event. I have read the rules of the competition and have taken the opportunity to make myself aware of their content. I understand them and agree with them in their entirety.

Athlete or Parent/Guardian Name

Athlete or Parent/Guardian Signature

Date



STATE CHAMPIONSHIPS SCHEDULE

Saturday, May 20th

- 8:00 AM: Doors open at Park High School
- 8:00 to 9:00 AM: Check-In for White and Yellow Belts
- 9:00 AM: Referee Meeting
- 9:30 AM: National Anthem, Tournament Begins
- 10:30 to 11:30 AM: Check-In for Green and Blue Belts
- 11:30: Team Fight-Off Weigh-Ins
- Noon to 1:00 PM: Check-In for Red and Black Belts

AS MUCH AS THE MTA WOULD LIKE TO BE ABLE TO PREDICT WHEN YOUR DIVISION WILL COMPETE, THERE IS NO WAY TO RELIABLY OR ACCURATELY ANTICIPATE WHEN YOU WILL COMPETE. Please listen to the announcements throughout the day for your division.



STATE CHAMPIONSHIPS RULES

Sparring Competition

The 2017 MTA Montana State Taekwondo Championships will follow the Montana Taekwondo Association (MTA) rules for sparring competition. Go to www.montanataekwondo.org and download the Referee Seminar PowerPoint on the Referee page for a full description of the rules.

Level of Contact

Head Contact — All competitors who are GREEN BELTS AND ABOVE may kick to the head (all ages). White and Yellow belts may NOT kick to the head. All head contact is restricted to “light and controlled” as detailed in the MTA’s rules. Full-contact attacks to the head will not be allowed. Successful head kicks will be awarded three (3) points.

Contact to the Trunk/Torso — Kicks and punches to the legal scoring areas of the trunk/torso is full contact as detailed in the MTA’s rules for all ages.

Equipment

All competitors are responsible for providing their own Olympic-style Taekwondo sparring gear — WTF-approved head gear, trunk protector, forearm guards, and shin/instep guards. All competitors must wear a mouth guard, and male athletes must wear a groin protector.

Team Fight-Offs

Fight-offs for the Cadet, Junior, and Senior Teams will follow the same rules as the normal sparring division. Again, if you are unfamiliar with the rules, please go to the MTA web site for details.

Poomsae Competition

Individual Poomsae competition will be double-elimination with athletes competing against one another. Poomsae will be judged using the “decision” method. Go to the MTA web site for details.

Permitted Poomsae

Athletes must perform a Poomsae appropriate for their rank. Any “recognized” Taekwondo poomsae/form shall be allowed.



STATE CHAMPIONSHIPS MAP

MTA State Championships, Saturday, May 20 Competition Begins 9:30 AM at Park High

Check-In at 8:00 AM (check-in is by belt rank — please check the schedule for specific times), Referee Meeting at 9:00 AM, Competition Starts at 9:30 AM

